

A close-up photograph of a light blue bowl filled with a creamy white dip, likely Greek yogurt ranch dip, garnished with small green herbs. The bowl is surrounded by fresh vegetables including a green bell pepper, a carrot, and a celery stalk.

Greek Yogurt Ranch Dip

ingredients

- 16 oz - Nonfat Greek Yogurt
- 1 packet - Ranch seasoning

directions

- Combine ranch seasoning and Greek yogurt into a bowl. Mix until well combined
- Keep refrigerated

NUTRITION FACTS:

1 Serving = 2 TBSP

Calories: 18 | Total Fat: 0g | Total Carbohydrate: 1.6g
Total Sugars: 1g | Sodium: 78mg | Protein: 2g