

# Cranberry Almond No Bake Energy Bites

SERVES 15-20 | PREP TIME: 15 MINUTES

## ingredients

- 1 cup - Old Fashioned Oats
- ½ cup - Kroger Natural Peanut Butter
- ½ cup - Almonds, crushed
- ⅓ cup - Dried Cranberries
- 1 tsp - Vanilla Extract
- ⅓ cup - Honey

## directions

- In a large bowl, mix all ingredients together
- Roll out teaspoon sized balls and place on baking sheet covered with parchment paper
- Freeze for 45 minutes to an hour
- Enjoy and keep leftovers in a Ziploc bag in the refrigerator or freezer

## NUTRITION FACTS:

1 Serving = 1 Energy Bite

Calories: 96 | Total Fat: 4.5g | Total Carbohydrate: 11g  
Dietary Fiber: 1.5g | Total Sugars: 5.5g | Protein: 3.5g